

Everyone has a responsibility for their own safety. Take some simple steps to preparing you and your family before a storm or emergency. □ **What you can do.** Get a weather radio and listen for broadcasts regarding severe weather, ensure you have a sufficient supply of medication for a couple of days in case you are cut off, keep enough water and food supplies for you and your family for a couple of days in you are cut off, don't travel when advised not to do so by the weather service or local emergency services, have a designated shelter in your house or area and practice using it, seek further advice from you local emergency management office, FEMA and others such as the Red Cross.

<http://www.hallcountyne.gov/content.lasso?page=6106>

Grand Island/Hall County Emergency Management
[ncymanagement.html](http://www.hallcountyne.gov/content.lasso?page=6106)

<http://www.co.hamilton.ne.us/emergencymanagement.html>

City of Aurora/Hamilton County Emergency Management
[pages/emergency_mgr/emergency_mgr.html](http://www.co.hamilton.ne.us/emergencymanagement.html)

http://www.co.boone.ne.us/webpages/emergency_mgr/emergency_mgr.html

Boone/Nance/Merrick County Emergency Management
Federal Emergency Management Agency

<http://www.fema.gov/>

<http://training.fema.gov/IS/crslist.asp?page=all>

Free FEMA/EMI Self-Study courses on offer
[Facts](http://www.fema.gov/)

[American Red Cross - Preparedness Fast](http://www.fema.gov/)

– Preparedness information from the American Red Cross relating to a wide variety of emergency situations with good preparedness information in English and Spanish