

CENTRAL DISTRICT HEALTH DEPARTMENT NEWSLETTER

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ACCREDITATION UPDATE

Jennifer and Teresa are beginning to work on updating the Community Health Assessment (CHA). After the CHA is complete, they will then begin to work on a Community Health Improvement Plan (CHIP).

Nancy is working on the Workforce Development plan as part of her work for her Masters in Public Health and her work for CDHD.

Jennifer, Lucia, and Deb are training on how to use the scorecard. The scorecard is part of our performance management system and will help us track how CDHD is doing.

A BIG THANK YOU to Environmental Health! With continuous team work we have updated the water tests forms, water collection instructions, and there's more to come! So much progress!

Measure 1.3.2 is complete!

Thanks to Environmental Health for providing the documents to complete this measure!

PUBLIC HEALTH

November is American Diabetes Month.

People with diabetes are at higher risk of serious health complications such as: blindness, kidney failure, heart disease, stroke, and loss of toes, feet, or legs.

One out of three American people have prediabetes.

CDHD offers Diabetes Prevention classes and Diabetes Management classes. These classes are facilitated by our trained coaches: Mayra, Betty, Alma, Stacey, and Jodi. CDHD's Diabetes Prevention Program has recently been recognized by the CDC. Awesome job everyone!

DIABETES IS PREVENTABLE.

Three tips to stay away from diabetes:

Eat healthy. Be more active.
Lose weight.



Public Health
Prevent. Promote. Protect.

CDHD NEWS & EVENTS

Flu Season is here: call 308.385.5175 to set up an appointment to receive your flu shot at one of our immunization clinics.

WIC

The WIC program is transitioning to E-WIC which allows clients more flexibility in shopping for WIC benefits with an E-WIC (debit) card.

WELCOME Rachel Mathy to the CDHD team! Rachel is a Breastfeeding Peer Counselor.

*November 8th - (every Thursday)

- Communication Plan editing: 9:30 a.m.
- Environmental Health: 10 a.m.
- Branding Committee: 11 a.m.
- Accreditation Meeting: 1 p.m.

**All employees are welcome to join any of the meetings listed above.

***November 12th** - Veteran's Day, office closed

***November 22nd-23rd** - Thanksgiving, office closed

