

FOR IMMEDIATE RELEASE

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CENTRAL DISTRICT HEALTH DEPARTMENT

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CDHD WELCOMES YOUTH (12+) FOR COVID-19 VACCINE BEFORE SUMMER ACTIVITIES

CDHD recommends parents and guardians of youth ages 12 and older prioritize seeking COVID-19 vaccination for these youth now as summer activities begin. “We remember last summer when masks were recommended or required for nearly all activities both indoors and out. It was difficult for all of us, but especially young people as they participated in summer activities,” Anderson states, adding, “This year, we are able to vaccinate anyone age 12 or older.” A person is considered fully vaccinated two weeks after the second dose of either Pfizer (ages 12+) or Moderna (ages 18+), or two weeks after one dose of J&J Janssen (18+). Once fully vaccinated, persons do not need masks for most activities.

Last week, the CDC guidance on masking changed based on new data. Fully vaccinated individuals do not need to mask for indoor and outdoor activities. Seeking vaccinations can speed the recovery from the pandemic. The risk of SARS-CoV-2 infection is minimal for fully vaccinated people. The risk of SARS-CoV-2 transmission from fully vaccinated people to unvaccinated people is also reduced. Therefore, fully vaccinated people can resume activities without wearing a mask or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.

Vaccination clinics are available weekdays 9:00 am to 4:00 pm at CDHD and at the Community Fieldhouse each Thursday through June 30 from 9:00 am to 8:00 pm. Register at vaccinate.ne.gov prior to the clinic. No appointment is needed. There is no cost for the vaccinations. Parents or guardians need to accompany children under age 19.

The following prevention measures are still recommended for unvaccinated people:

- Wear a mask that covers your nose and mouth to help protect yourself and others.
- Stay 6 feet apart from others who do not live with you.
- Get a COVID-19 vaccine when it is available to you.
- Avoid crowds and poorly ventilated indoor spaces.
- Wash your hands often with soap and water. Use hand sanitizer if soap and water are not available.

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NEWS RELEASE

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